

WIC Approved Juices



Although many brands are pictured, you must buy the brand the store declares as the least expensive brand. This brand will vary from store to store. Look for the pink **WIC Approved Item** sticker to find the brand you must buy in the store where you are shopping.

WIC Approved Item

You may only buy juices marked with this pink sticker on the shelf.

WIC Approved Item

- A combination of frozen and canned juices may be purchased.
- All juices must be unsweetened and 100% juice.

Grapefruit, Orange, Pineapple, Orange Pineapple, Orange Mango & Pineapple Mango (46 oz. cans)

You must buy the store's declared least expensive brand.



Brands of grapefruit, orange, pineapple & orange pineapple will vary.



Big Tex Big Tex Parade Parade

Apple Juice (46 oz. cans)

You must buy the store's declared least expensive brand.



Albertson's Best Choice Big 8 Big Tex Fiesta



Great Value Hill Country Fare Hy-Top IGA Kroger Parade



Seneca Shurfine Shurfine Texsun Tree Top United

Vegetable Juice (46 oz. cans)

You must buy the store's declared least expensive brand.



Albertson's Big 8 Fiesta Great Value Hill Country Fare



Hy-Top Kroger Parade Shurfine Shurfine

Orange & Grapefruit Juice

(12 oz. frozen concentrate)

You must buy the store's declared least expensive brand.



Brands of grapefruit and orange juice will vary.
Calcium-fortified juice is NOT allowed.

Apple Juice (12 oz. frozen concentrate)

You must buy the store's declared least expensive brand.



Albertson's Best Choice Fiesta Great Value



Hill Country Fare Hy-Top IGA Kroger



Market Pantry Old Orchard Parade Remarkable



Seneca Shurfine Shurfine Tree Top

Purple Grape Juice

(11.5 & 12 oz. frozen concentrate)

You must buy the store's declared least expensive brand.



Albertson's Great Value Hill Country Fare



Hy-top Market Pantry Old Orchard



Seneca Welch's
"cocktails" are not allowed

White Grape Juice

(11.5 & 12 oz. frozen concentrate)

You must buy the store's declared least expensive brand.



Albertson's Hill Country Fare



Old Orchard Welch's
"cocktails" are not allowed

Carrots and Tuna

Breastmilk is the best nutrition for infants. Breastfeeding women who do not get formula from WIC for their infants may also receive tuna and carrots.



Any brand
Fresh carrots — 1 or 2 lb. bags;
no baby carrots or carrots with tops.
Canned sliced carrots — 14 - 16 ounces.



Any brand
6 oz. cans, chunk light, packed in water only. No albacore solid white.

WIC Vendors - You must mark your Declared Traditionally Least Expensive Brands of juice with the pink WIC Approved Item sticker.